

## Mini Pumpkin Cheesecakes

## Prep: 35 minutes plus cooking Bake: 20 minutes • Serves: 18

- 8 sheets PICS graham crackers, broken in half
- 3 tablespoons PICS unsalted butter, melted
- 2 packages (8 ounces each) PICS Neufchâtel cheese, softened
- <sup>1</sup>/<sub>4</sub> cup PICS granulated sugar
- 2 PICS large eggs
- 1 cup PICS canned 100% pure pumpkin
- 3 tablespoons PICS maple syrup
- 2 tablespoons PICS all-purpose flour
- 1 teaspoon pumpkin pie spice
- 1 teaspoon PICS vanilla extract
- <sup>1</sup>/<sub>4</sub> cup plus 1 tablespoon PICS chopped pecans

**1.** Preheat oven to 350°. Line 18 standard muffin cups with baking cups.

**2.** In food processor, pulse graham crackers 20 times or until fine crumbs form. In medium bowl, stir butter and graham cracker crumbs; press into bottom of prepared cups.

3. In large bowl, with mixer on low speed, beat cheese and sugar 4 minutes or until light and fluffy. Add eggs, pumpkin, syrup, flour, pumpkin pie spice and vanilla extract; beat on medium speed 1 minute or until incorporated. Divide pumpkin mixture into cups; sprinkle with pecans.

**4.** Bake cheesecakes 20 minutes or until set; cool completely on wire rack. Refrigerate cheesecakes at least 2 hours before serving.

Approximate nutritional values per serving (1 cheesecake): 160 Calories, 10g Fat (5 Saturated), 45mg Cholesterol, 130mg Sodium, 13g Carbohydrates, 8g Sugar (5g Added Sugars), 1g Fiber, 4g Protein